

GLENGARRIFF, BANTRY BAY,
SANATORIUM.

IN last issue of our contemporary the *Builder*, an article appeared respecting this newly-discovered resort for invalids during the winter months, in which the great advantages of its dry and warm climate are pointed out, especially in laryngial or pectoral disorders. The average is 7° over that of London, and 6° over that of Torquay; but, as regards the foreign and more popular places of resort, the article says :—

"The temperature at Glengarriff during the months of winter and spring is registered at 3° above that of Montpellier; and is not only higher, but much more equable than that of Nice, which is fitfully visited by the dreadful ravages of the mistrale, the bise, and the sirocco,—the register of rainfall being recorded as over 5 in. less than even at Nice, or the other refuges for invalids on the South coast. The peculiar warmth and dryness of the air upon the south-west coast of Ireland is owing to the influence of the Gulf Stream, which flows continuously from the Gulf of Mexico, nearly parallel to the American coast, northward, and washes the whole south-western promontory of the Irish coast, from Mizen Head to Dingle Bay, Bantry Bay opening out to the warm tide, and receiving the full tribute of ozone, which it imparts to the grand and picturesque mountain-bound districts, extending over twenty-live miles from the ocean entrance to Glengarriff and its surroundings."

Why should our Irish nobility and gentry, particularly of the invalid kind, be rushing hither and thither to seek for health abroad, with such a healthful resort in their midst, and within a few hours' journey from the capital?

[Taken from *Irish Builder*, Vol. XIX, 1877, p.292]